



Anglican Parish of
Caversham Saint Peter,
Dunedin, New Zealand

THE ROCK

June 2020 — Patronal Festival



Christ's Resurrection and Ours

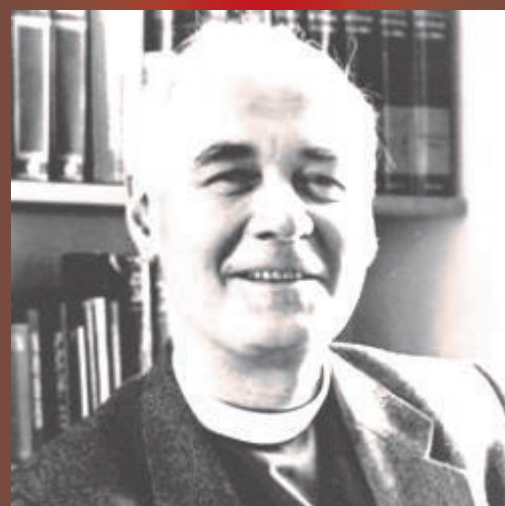
By The Vicar

We have now come to the end of the wonderful Easter season and have marked off its conclusion with the celebrations of Pentecost, Holy Trinity and Corpus Christi. As we bid farewell to the Easter season I thought it would be helpful to share some key ideas from a recent article in the *Church Times* entitled "Christ's Resurrection and Ours" by an eminent physicist, John Polkinghorne, which I found helpful in thinking through what the resurrection means for us.

What is the real me?

A key issue in the notion of resurrection is what is the "real me" that goes on to be with God. The human body is an amazing thing in which most of the atoms in our bodies are replaced every two years and yet we continue to look the same with even our scars and blemishes remaining the same. Given this continual bodily atom change this impression of sameness is to some extent an illusion. The thing which is essentially me in this world and will be me in the life with God is an information pattern. This information pattern is the sum total of our memories, the record of our triumphs and tragedies, our successes and failures, of our happy times and our sad spells, of our gifts and of our blind spots and our deficits. This information pattern is held in the memory of God and this is what provides our

(Continued on page 2)



Sir John Polkinghorne.

PHOTO.: WWW.QUOTETAB.COM.

John Charlton Polkinghorne KBE FRS (born 16 October 1930) is an English theoretical physicist, theologian, and Anglican priest. A prominent and leading voice explaining the relationship between science and religion, he was professor of mathematical physics at the University of Cambridge from 1968 to 1979, when he resigned his chair to study for the priesthood, becoming an ordained Anglican priest in 1982. He served as the president of Queens' College, Cambridge, from 1988 until 1996.

Polkinghorne is the author of five books on physics and twenty-six on the relationship between science and religion. 📖

SOURCE: WIKIPEDIA.

Parish AGM

Notice is hereby given that the annual general meeting of parishioners of Saint Peter's Caversham will be held on Sunday, 26 July after the 10.30 am Service for the purpose of hearing and receiving the reports of the Vicar and the Wardens, receiving the accounts for the year past, electing the People's warden, the Vestry, the Synod representatives and the Auditor and discussing any general business. 📋

Christ's Resurrection and Ours

(Continued from page 1)

personal continuity between this life and the next.

Our re-embodiment is an essential component of eternal life

This will also involve some form of re-embodiment as we are a mixture of the physical and the material and the spiritual. Our bodies are an essential element of our spatial-temporal continuity. Polkinghorne says "I think it is important that the hope of ourselves is of a true human survival, and that we are not spiritual beings—ghostly beings—who happen to have a body at the moment but that it is a thing to get rid of. It is important, absolutely intrinsic, to human beings that we are this strange sort of mixture of the spiritual and the material. Therefore, if we—as ourselves, not as some sort of recollections or symbols—are going to survive, it must involve a bodily existence of some kind."

Unending exploration of the reality of God

A key text for Polkinghorne about eternal life is "In my Father's house there are many mansions" from John's gospel. He says "Incidentally, about 'many mansions:' that's a poor translation of the Greek... The original word might be better translated as caravanserai (a group of pilgrims involved in long distance travel). So the picture is not one of a celestial hotel with everything laid on—"This is your room!"—but of a process. It means there are many 'stages' and all these 'stages' will be open to us. People sometimes say that eternal life would be just boring: sitting on a cloud and shouting 'hallelujah' or something. But it is the unending exploration of the reality of God, progressively unveiled, that seems to me to be behind this image translated in the Authorised Version as 'mansions.' That seems to me the most persuasive picture of the life to come." 🖨️

"If the experience of science teaches anything, it's that the world is very strange and surprising. The many revolutions in science have certainly shown that."

"The rational transparency and beauty of the universe are surely too remarkable to be treated as just happy accidents."

- Sir John Polkinghorne

The Frolicsome Friar



"Why would I upload my files to my computer?
It only takes me 45 minutes to locate a file."

SOURCE: WWW.HOWTOGEEK.COM.

More online :

Quotations:

<https://www.quotetab.com/quotes/by-john-polkinghorne>

Wikipedia biography

https://en.wikipedia.org/wiki/John_Polkinghorne

Encyclopaedia Britannica biography

<https://www.britannica.com/biography/John-Polkinghorne>



Letters

The Rock welcomes letters to the Editor. Letters are subject to selection and, if selected, to editing for length and house style. Letters may be :

Posted to : The Editor of The Rock,
c/- The Vicarage, 57 Baker Street,
Caversham,
Dunedin, N.Z. 9012

Emailed to: TheRockEditor@stpeterscaversham.org.nz

Ask The Vicar

For answers to questions doctrinal, spiritual and liturgical.

Write to: Ask The Vicar, c/- The Vicarage as above

Or email: AskTheVicar@stpeterscaversham.org.nz

ASK THE VESTRY

Questions about the secular life and fabric of the parish may be:

Posted to: Ask The Vestry, c/- The Vicarage as above

Emailed to: AskTheVestry@stpeterscaversham.org.nz



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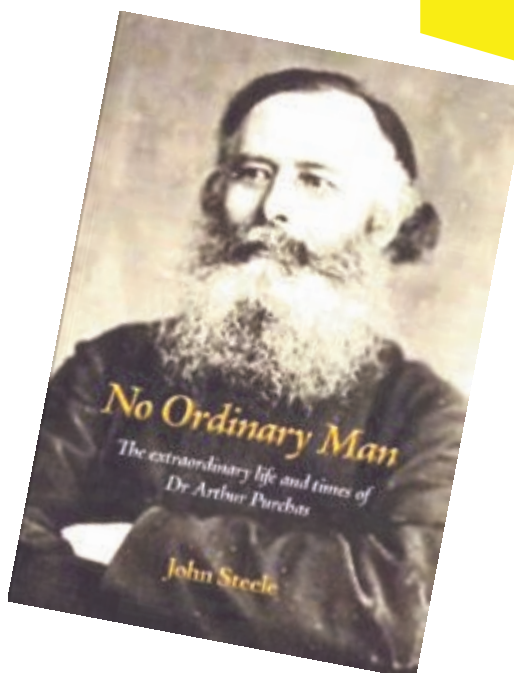
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By Deirdre Harris
Vicar's Warden

CHURCHWARDEN CORNER

The article in last month's edition of *The Rock* with the photo of St Peter's church in Akaroa reminded me of a book I have recently re-read. It is the biography of Dr Arthur Purchas by John Steele—called *No Ordinary Man* and published by David Ling in 2019. In fact Arthur Purchas was an extraordinary man—a talented, remarkable pioneer of 19th century New Zealand. He designed the Akaroa church and several other notable protected ones still in use.



botany and horticulture and extracted dye from Puriri. He discovered and had named after him a new species of snail, plus a pest affecting lemon trees. He was a talented artist and a founding member of the Society of Arts and also of the Auckland Institute which later became the Auckland Museum.

As well he was a capable musician. He sang and played the flute. He devised a numerical system to teach Maori children to sing in choirs and also a braille system for the blind to read music. He was in charge of the

Dr Purchas was born in Wales in 1821, trained as a surgeon in London and came to New Zealand to study and work at St John's in Auckland. He was ordained in



"He was very concerned that the city should have a good water supply ..." - what would Dr Purchas be thinking now, with Auckland reservoirs little over 40% full when these pictures were taken?

PHOTO'S: STUFF.CO.NZ & LOCALMATTERS.CO.NZ.

1845 and served as a priest in Onehunga for twenty-seven years. He designed and supervised the building of the church there and the house where he and his wife Olivia raised thirteen children.

He became fluent in Maori and had a close relationship with local iwi. This caused him some problems during the later land conflicts and wars.

Arthur Purchas was a true polymath. Not only was he an architect and builder but also an inventor. He invented and had the first ever New Zealand patent issued for a water-powered flax stripping machine and his design was chosen for the first Mangere bridge. He was interested in

music for many of Auckland's important festivities. He also wrote the first Church of England, New Zealand hymnal published in 1863. He was a founder member of the Auckland Choral Society.

He was the first European to find and report about coal seams in the Waikato.

However, his ability as a surgeon was of even greater significance. He was a firm advocate of Joseph Lister's antiseptic, hygienic and sterilising methods.

He used anaesthetics to pioneer a number of successful operations, often inventing equipment where it was needed. He eventually gave up his position at Onehunga to become a full-time medical practitioner and Auckland hospital's chief surgeon and was finally able to accept payment for his work. He continued to be involved in public health and welfare concerns for the rest of his life. He was very concerned that the city should have a good water supply uncontaminated by local industry and he was also president of the Scenic Preservation Society.

Arthur Purchas was indeed a remarkable man with prodigious energy and talents. I can heartily recommend this book. 📖

Saint Peter's People

My life in theatre!

By Joy Henderson

Part 2: The Regent



My involvement with the Regent Theatre began as a chorus member in South Pacific (Dunedin Operatic) and the Gilbert and Sullivan Society's productions of Princess Ida and The Mikado when Peter Chin played Nanki Poo, Bertha Rawlinson was Katisha and Kathy Craig was Yum Yum.

During one of the intervals, Graham Clarkson visited our dressing rooms and enquired if any of the ladies were interested in becoming ushers. Several of us jumped at the chance!

Shortly before this time, a proposal arose that the theatre, a movie theatre, should be demolished to make room for a car park building...Two very prominent citizens, Fred O'Neil and Shona Macfarlane, were against this idea and strongly advised citizens that this should not be allowed to happen. One of the service clubs—the Round Table—came to the rescue. It was a group of young business men urged on by Charlie Campbell, who was also an Operatic Society member, formed a group which became the original Otago Theatre Trust. Many fund raising efforts were organised, one being the sale of Founding Seats for \$25 each. The theatre was purchased from Kerridge Odeon and very many local productions staged in it. The theatre is now owned by the Dunedin City Council, but administered by the Otago Theatre Trust and its manager.

The theatre ushers are all volunteers and are not paid. For some years we wore our own clothes, all different colours of course and even long skirts when that was the fashion. However, when Trevor Hynes became manager

he decided we should have a uniform. I had been appointed "ushers' rep." by this time, so he and I decided on white blouses with either black slacks or skirts. We provided these ourselves of course. All the ushers are very dedicated and all have their favourite ushering posts. I have always been upstairs left.

The main money-making effort for many years has been the book sale. It was suggested by Doug Lovell, one of the early Trust members—he had experienced a similar event in England. It is held from noon on Friday until noon on Saturday—24 hours—usually in May. Unfortunately, this year (2020) it has been cancelled because of the COVID-19 pandemic.

Books are kindly donated by Dunedin citizens and were originally sorted in the garage under the stage by another large group of volunteers. Book sorting is every Sunday from 10am until 12 noon. More recently, after theatre renovations, the sorting has been carried out at the old Roslyn Woollen Mill in Kaikorai Valley and the books stored there and taken back to the theatre the week before the book sale. The theatre has a van and two willing volunteers who will collect any donated books and take them along for the theatre. You can request this service by ringing the theatre box office.

At the book sale, many trestle tables are erected throughout the theatre premises, including the large room now under the stage. Most books are priced at \$0.50, but some are categorised as "special", priced accordingly and displayed separately.

I am an artist member of the Otago Art Society and

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Saint Peter's People

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worked at Abernethy Galleries, a long established art shop. I was asked to take on responsibility for pricing the donated art works as well as displaying them on rails at the back of the stage. I always worked the 24 hours, which was much easier than going home late at night and coming back early in the morning—quite a number of us did this. 3am 'till 5am was always the most trying, but the cooked breakfast provided for us in the green room by other volunteers at 6am was what we all looked forward to and kept us going! I did this for approximately 30 years!

I ushered from 1974 until 2017, 43 years. During that time we also ushered in the town hall and all prided ourselves on our efficiency. The very first show I ushered for at the Regent was Jesus Christ Superstar staged by an Australian company. It was a full house—quite daunting!

During the early years, the overall theatre management was carried out by members of the Otago Theatre Board, consisting of approximately 25 members, which appointed the manager. I was an early member of the Trust as ushers' rep. The members at this time were still all the keen business men and women who had "saved" the theatre and we were all dedicated to making the theatre a great success.

In later years, following the appointment of the current manager Sara Anderson, a more professional operation has been established and the board is now comprised of nine elected members.

It has been a great privilege to have been involved for so long. All those involved in the early years were dedicated to making the theatre a special place. Apart from the

manager, stage manager and ticket box staff we have all been volunteers. It is a special place to enjoy wonderful performances of all kinds, including Capping Shows in the early days and I loved being involved.

Nevertheless, approximately two years ago, at age 88 and still ushering upstairs as usual, I decided it was time to resign.

I wish to acknowledge our very special gifted Stage Manager Nelson Miles. He became involved through Graham Clarkson, one of our original Trust Board members. They were both members of the Operatic Society and Nelson worked for Graham in his plumbing business. Even so, they spent a lot of time in the theatre, particularly working back stage. The upstairs function room is named the Clarkson Room after Graham. We all thought very highly of him indeed and he often worked

front of house during the early years.

I have also at times worked behind the scenes in the ticket office as an extra pair of hands at particularly busy times. I was actually there in 1990 when, out of the blue I suddenly developed a heart attack! I was answering the many 'phone calls while at the same time trying to balance the two cash floats for that night's programme sellers.

However, the many calls interrupted my concentration and I quietly became rather stressed. For whatever reason I kept my problem to myself and quite calmly planned what to do—hard to believe when I look back!

The ticket office closed at 5pm. I then drove my car to my doctor's surgery at Cargill's corner. The next thing I was in an ambulance being taken into hospital. I now have three stents!

All part of my fabulous experiences in live theatre!!



PHOTO.: ULRICH LANGE.



Nutritious



Quinoa

By Alex Chisholm



Quinoa (pronounced KEEN-wah) (Chenopodiaceae/ Amaranthaceae) is one of the 'ancient grains' which has become increasingly popular in recent years. It is thought to have been domesticated in the Andean region around 7000 years ago.

The plants have been actively cultivated for about 5000 years and are indigenous to the Andean region of South America, specifically Bolivia, Ecuador, Chile and Peru. However, quinoa is now cultivated in over 100 countries. It is tolerant to frost, drought and salinity and comes from the same family as beetroot, spinach and sugar beet. Not only is it consumed on its own as a cereal, in a variety of recipes, but is also being increasingly used in commercial products. Even my favourite oatcakes (pictured) now contain quinoa and rye as well as oats and have a higher protein content than other oatcakes from the same company.



Quinoa, which comes in a variety of colours including white, yellow, red and black, is officially a seed, but is classified as a whole grain. Thus it may be referred to as a pseudocereal as these are seeds which are consumed like grains. This use in place of a grain is reflected in the many uses and recipes where quinoa is found. These can include plainly cooked in the same way as cous cous as a side dish, in salads, soups,

bread and baked products and in main dishes for vegetarian or vegan cuisine. It is especially useful for vegans because of its amino acid pattern. It has a high lysine content, in contrast to cereals which are low in lysine. In addition, unlike most plant proteins quinoa is a complete protein, which means it contains all nine essential amino acids—the protein components or 'building blocks' which our bodies are unable to make on their own.

Quinoa is rich in fibre and is also



"...classified as a whole grain ... as these are seeds which are consumed like grains".

PHOTO: MEDICALNEWSTODAY.COM.

gluten free. One cup of cooked provides about eight grams of protein and five grams of fibre in addition to a number of minerals and vitamins.

After the seeds have been harvested they are processed to remove the natural saponins, a bitter-tasting chemical compound coating the outside which acts as a natural pesticide. Increasingly popular, Quinoa has become more widely available over the past decade, is now being grown



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in New Zealand and looks set to contribute to crop diversity as a low input / low maintenance crop. Globally it could make a useful contribution to food security and in 2013 the United Nations declared the International Year of Quinoa.



"Quinoa ... comes in a variety of colours"

PHOTO: WWW.AMAZON.COM.

References:

QUINOA IN NZ

[HTTPS://FARMERSWEEKLY.CO.NZ/SECTION/OTHER-SECTORS/ON-FARM-STORY/KIWIS-QUINOA-DREAM-NOW-A-REALITY](https://farmersweekly.co.nz/section/other-sectors/on-farm-story/kiwis-quinoa-dream-now-a-reality)

FROM ASSOCIATE PROFESSOR PAUL GUY, UNIVERSITY OF OTAGO (PAUL.GUY@OTAGO.AC.NZ) WHO HAS GROWN QUINOA ON HIS PROPERTY NEAR DUNEDIN

[HTTPS://WWW.OTAGO.AC.NZ/BOTANY/OUTREACH/SCHOOLSTUDENTS/QUINOAINCA.HTML](https://www.otago.ac.nz/botany/outreach/schoolstudents/quinoainca.html)

GENERAL REFS

[HTTP://WWW.FAO.ORG/3/AR895E/AR895E.PDF](http://www.fao.org/3/AR895E/AR895E.PDF)

[HTTP://WWW.FAO.ORG/QUINOA/EN/](http://www.fao.org/quinoa/en/)

BAZILE D, JACOBSEN S-E, VERNIAU, A. THE GLOBAL EXPANSION OF QUINOA: TRENDS AND LIMITS. FRONT PLANT SCI. 2016; 7: 622. DOI: 10.3389/fpls.2016.00622

[HTTPS://WWW.HEALTH.HARVARD.EDU/HEART-HEALTH/SEED-OF-THE-MONTH-QUINOA](https://www.health.harvard.edu/heart-health/seed-of-the-month-quinoa)

Regular Services

(for variations consult *The Pebble* or our website)
All services are held in Saint Peter's unless noted otherwise

SUNDAY:

8am: Holy Communion according to the Book of Common Prayer

10.30am: Solemn Sung Eucharist

5pm: 1st and 3rd Sunday of each month: Evensong and Benediction

THURSDAY:

10am: Eucharist

FIRST THURSDAY OF EACH MONTH:

11am: Eucharist in the lounge of Frances Hodgkins Retirement Village, Fenton Crescent

Special Services

Contact The Vicar to arrange baptisms, weddings, house blessings, burials, confessions and other special services.

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Out of jail morning tea and ...



Jennifer Maffey got these snaps of parishioners celebrating after the first Thursday morning Service after COVID-19 lock-down restrictions eased. Top photo., left to right, Helen Clements (back to camera), Barbara Gillies, David Horne, Vicar Hugh Bowron, Kit and Di Bunker, David Hoskins and Joan Dutton (back to camera); Below, l. to r. The Vicar, David Hoskins, Joan Dutton, Helen Clements, May and Ian Condie, Barbara Gillies and David Horne.



Jenny also sent us this proof from after our first post-lock-down Evensong that a cool evening needn't be dull!

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FUNERAL SERVICES

For your diary

Friday, 26 June: Brass cleaning at 10.30am

Sunday, 28 June: Patronal Festival

Sunday, 19 July: Deadline for copy for the July edition of *The Rock*

Sunday, 26 July: Parish Annual General Meeting

Saturday, 29 August: 2pm : Concert by the St Kilda Brass Band

Cupboard surprise a little treat



By David Hoskins, Director of Music

I was making room for some orders of service in the old choir cupboard in the Tower Room and came across a score of a rather fine *Magnificat* by Sir Joseph Barnby. I thought I'd go to the organ and 'play it over'. While firmly in the Victorian choral tradition, it is a well-wrought piece and I wager choirs loved singing it. However, apart from the wonderful tune he wrote to the hymn *When morning gilds the sky*, Barnby is not remembered much today. I went to the references and not only an interesting story emerged, but one with a New Zealand connection (or not, as the case may be).

According to the 1911 *Encyclopaedia Britannica*, Joseph Barnby was born in York on 12 August, 1838. He was the son of the organist Thomas Barnby and grew up in a very musical environment. By the age of seven he was a member of the choir of York Minster going on to study at the Royal Academy of Music. In 1862 he was appointed to the large and imposing church of St Andrew, Wells Street, London where he developed music to a very high standard indeed. He became interested in musical education and public participation in choral music. He formed a large, all-comers choir called 'Barnby's Choir' in 1864 and in 1871 he took over leadership of the noted Albert Hall Choral Society from the eminent French conductor, Charles Gounod. He held this post until his untimely death in 1896.

He went on to be precentor and director of music at Eton and then principal of the Guildhall School of Music in 1892. He was knighted the same year.



Sir Joseph Barnby. (painted by Sir Leslie Ward -1851-1922 for *Vanity Fair*)

Barnby wrote extensively across most musical genres but, like many of his English contemporaries, didn't show interest in writing opera though he conducted a pioneering concert performance of Wagner's *Parsifal* at the Albert Hall in 1884 before an audience of thousands. He wrote around 246 hymn tunes and the part-song *Sweet and Low*—still sung by choral groups such as the King's Singers.

He was a brilliant choral conductor and approached the large groups before him with gruff north-country humour and an ear for the greatest precision in musical execution. He died, partly from over-work, in 1896 and his funeral was held at St Paul's Cathedral, London.

As an intriguing side-note, there is a New Zealand connection via an anecdote from the *Wairarapa Daily Times* of 19 August, 1897. From the 'Local and General' column....

'This pretty story is jogging around again: - A young contralto, born in New Zealand, at a Handel concert which Sir Joseph Barnby was conducting, at the end of a solo put in a high note instead of a less effective note usually sung. The innovation shocked the conductor, and he immediately asked whether Miss --- thought she was right in trying to improve on Handel. "Well, Sir Joseph", said she, "I've got an E, and I don't see why I shouldn't show it off". "Miss ---, "rejoined Barnby, "I believe you have two knees, but I hope you won't show them off here!"

Whether the story is true or not, one never knows what will happen when cleaning out a church cupboard. 📺



Justin Welby
The Archbishop of Canterbury

A message from the Archbishop on responding to coronavirus.



But what else can we do? Well, the thing about having hope, faith and courage is that although they are gifts from God, we can do our bit to nurture them.

We can take some time to sit quietly and pray, letting God know about those things that are on our hearts and minds. When we do that, we make that connection with God that nourishes and sustains us." 📺



More online :

Read the complete text at:

<https://www.archbishopofcanterbury.org/speaking-writing/articles/message-archbishop-justin-welby-responding-coronavirus>

